

Theraplay Informed Workshops



Theraplay is a play-based therapeutic intervention that enhances attachments between children and their key adults.



Based on the principles and simple, structured play-based approaches of Theraplay, this free 2.5 hour workshop will enable you to:

- understand the principles of Theraplay
- have experienced Theraplay-informed activities
- use these activities with children and young people with increased skills and confidence
- understand how these activities can be used to help children develop relationships with trusted key adults, build self-worth and develop skills to be able to interact with peers

'Theraplay encourages the kind of play between adults and children that nurtures a lifelong capacity to relate to others in harmony and joy.'

Phyllis Booth – Founder of Theraplay

Autumn Term '26

Tues 24th November - 9:30 – 12:00 – Broadwater Baptist Church, Worthing

Spring Term '27

Weds 3rd March - 9:30 – 12:00 – The Shore Community Centre, Bognor Regis

Summer Term '27

Tues 15th June - 9:30 – 12:00 – The Charis Centre, Crawley

Visit our website for further information on [Training and Events](#).

Please book via [Services for Education](#)

