

Theraplay Informed Workshops



Theraplay is a play-based therapeutic intervention that enhances attachments between children and their key adults.



Based on the principles and simple, structured play-based approaches of Theraplay, this free 2-hour workshop provides:

- An overview of the core concepts of Theraplay
- Practical activities based on the 4 dimensions of Theraplay
- Quick and easy ways to incorporate Theraplay activities in your work

'Theraplay encourages the kind of play between adults and children that nurtures a lifelong capacity to relate to others in harmony and joy.'

Phyllis Booth – Founder of Theraplay

Spring Term 2026

Early Education Settings

Wednesday 4th March – 9:30 – 11:30 – Bognor Regis Baptist Church

Primary and Secondary Schools

Wednesday 4th March – 13:00 – 15:00 – Bognor Regis Baptist Church

For further information please visit the Training and Events section of our website.

Please book via Services for Education