

Free Support Groups

For Secondary and Post 16 staff



Who is this group for?

Staff who are working intensively with children who are displaying distressed behaviours resulting from trauma.

This group of children could include:

- * Children We Care For
- * Those who are now adopted
- * Those subject to a Special Guardianship Order
- * Those subject to a Child Arrangements Order
- * Children with current or previous social care involvement
- * Children living in Kinship care

How does each group run?

Each group consists of four sessions and will focus on a different theme:

- * Session 1 – Trauma, attachment and the brain
- * Session 2 – Executive functioning
- * Session 3 – The power of relationships
- * Session 4 – You

Attendees will need to be able to commit to all four sessions across one term (either Autumn, Spring or Summer).

What is the aim of the group?

We recognise that working with children who have experienced trauma can have a real impact on staff. The aim of this group is to provide an opportunity for attendees to get to know others facing the same challenges in school and to share best practice in a supportive and open environment. The sessions offer both theory and practical strategies to support children in the school or college environment.

Summer Term 2025

All sessions are held 13:00 – 15:00.

Session 1 – Tuesday 29th April – Broadwater Baptist Church, Worthing

Session 2 – Tuesday 6th May – Broadwater Baptist Church, Worthing

Session 3 – Wednesday 4th June – Broadwater Baptist Church, Worthing

Session 4 – Tuesday 24th June – Broadwater Baptist Church, Worthing

For further information please visit the [Training and Events](#) section of our [website](#).

Please book via [Services for Education](#)