

Preparing for transition

An easy read guide for young people
preparing for transition from the Children
With Disabilities teams to Adult Services





Transition means moving from Children's services to Adult services when you turn 18 years old.



The Children With Disabilities teams have specialist 15+ Social Workers and Child and Family Workers.

We work with you between the ages of 15 to 18 years old to prepare for a good transition.



A good transition means planning early.

We start thinking about your future when you turn 15 years old.

This helps us make sure you get the right support as you grow up.



You will have support from social workers, doctors, teachers and other helpers. We work with you and your family to make a plan.



We will talk with you about what you like, what you need help with, and what you want to do in the future.

This might include further education, your health, and hobbies. What you want to be when you grow up and the skills you need to learn to achieve this.



We will make a plan with you, with steps to help you achieve your goals.



We will listen to what you want and make sure your wishes, views and decisions are included in the plan.

We will help you make important decisions – what you want to do, where you want to live and what support you will need.



At 18 years old, when you become an adult, you will say goodbye to your 15+ worker.

Adult Services will assess your needs and continue to support you based on what you need.



We will work within the law to protect your rights.

This includes the Care Act, and the Children and Families Act. These make sure you get the right help and support as you reach adulthood.

The Mental Capacity Act aims to safeguard your rights and well-being, ensuring decisions are made in your best interests and with your involvement.



We will make sure your support is transferred to the right Adult services, and that your Children's plan helps you get ready for becoming an adult.



We will help you plan your goals for developing independence, further education, job training and finding work.



We will help you find support to learn skills for living on your own, like managing your money, your day-to-day life tasks, and deciding where to live in the future if you want to move.



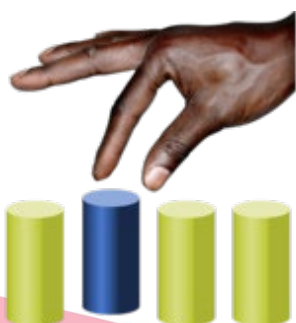
You will still have access to doctors and health services to keep you happy and healthy.



We will encourage you to join activities and make friends in your community.



It is important that all the people helping you, talk to each other and work together.



We will do our best to help you to choose what is right for you from the options available for your support.



You are your own person, and your plan will be made just for you, to meet your unique needs and dreams.



Moving from Children's services to Adult services is all about making sure you get the right support as you grow up. We will start planning early, listen to what you want, and work together to help you achieve your goals and live a happy, fulfilling life