

# The Impact of Trauma

Through the eyes of a child – Virtual Reality sessions



Using a combination of neuroscience and immersive VR footage, this full day training provides a powerful insight into the lived experiences of children and young people.



***"You never really understand a person until you consider things from his point of view... until you climb in his skin and walk around in it."***

Harper Lee

Through the eyes of a child, we will explore how adversity and trauma can impact a child's development, presentation and ability to engage in learning. This course is filled with practical advice and strategies to enable attendees to better support children and young people.

Due to the nature and content of the training, and in order to safeguard your own health and wellbeing, you will not be able to attend without the consent and support of a nominated person who has attended an online demonstration session.

## Spring Term 2026

### Early Education Settings

Thursday 12<sup>th</sup> March - 09:30 – 15:30 - Aldingbourne Country Centre

### Primary Schools

Thursday 5<sup>th</sup> March - 10:00 – 16:00 - Aldingbourne Country Centre

### Secondary Schools and Post 16 Settings

Tuesday 3<sup>rd</sup> March - 10:00 – 16:00 - Aldingbourne Country Centre

For further information, including Demonstration dates, please visit the Training and Events section of our website.

Please book via Services for Education

[westsussex.gov.uk/virtualschool](http://westsussex.gov.uk/virtualschool)